

blend
NUTRITION

ENERGY TEAS

All Of Our Teas Are Less Than **35 Calories**
And Have the **Energy Equivalent of 2 Cups of Coffee.**

Only for
\$7,75

APOLLO

(Blue Raspberry Lemonade)

ARNOLD PALMER

(Iced Tea & Lemonade)

BAYOU CITY

(Mixed Berry Lemonade)

BEACH BUM

(Cherry Pina Colada)

BOSS BABE

(Mandarin Orangeade with Pineapple)

CAT 5

(Pineapple Watermelon)

CHERRY LIMEADE

(With A Splash of Mango)

COTTON CANDY

(Mixed Berries & Pomegranate)

COWBOY

(Mango, Cherry, Grape)

CUCUMBER WATERMELON

(With A Splash of Cranberry)

CUPID'S KISS

(Raspberry Limeade)

EL JEFE

(Grape Mango Limeade)

GREEN PAR-TEA

(Lime & Green Apple)

APPLE CIDER

(Apple Cinnamon & Chai)



FUZZY NAVEL

(Peach With Strawberry & Pineapple)

GO STROS

(Blue Raspberry & Orangeade)

GREEN PAR-TEA

(Lime & Green Apple)

GUMMIE BEAR

(Strawberry, Watermelon, Rainbow Candy)

JOLLY RANCHER

(Raspberry Pomegranate)

LOCO COCO

(Tropical Fruit & Coconut)

LOLLIPOP

(Orange Rainbow Candy)

LONESTAR

(Blue Raspberry & Cherry Pina Colada)

MARGARITA

(Lemon Lime Margarita)

MERMAID

(Orange Peach & Blue Limeade)

MIAMI VICE

(Pina Colada with Strawberry)

MOONBEAM

(Blue Raspberry Watermelon & Pina Colada)

NAMAS-TEA

(Lavender Lemonade & Huckleberry)



HOLIDAY TEA

(Cranberry & Pumpkin Spice)

PINEAPPLE EXPRESS

(Peach Pineapple & Orangeade)

PRINCESS

(Strawberry & Raspberry Lemonade)

ROCKET TEA

(Cherry & Grape)

STRAWBERRY BLONDE

(Strawberry Lemonade)

SUNBEAM

(Peach Watermelon & Pina Colada)

SUNRISE

(Mango, Cherry, Pineapple, Orange)

SUPERHERO

(Blue Raspberry with Strawberry)

TEXAS GULF

(Lime, Blue Raspberry & mango Limeade)

THE TEJANO

(Raspberry & Pineapple)

THUNDERSTORM

(Blue Lemonade & Grape)

TRANQUIL-I-TEA

(Cucumber Lime & Mandarin)

TROPIC THUNDER

(Green Apple Lemonade)

UNICORN

(Pomegranate, Blue Raspberry & Watermelon)



CITRIS IMMUNITEA

(Mandarin Orange & Chai)

Beauty **TEAS**
\$10,75

All of Our Beauty Teas Have **added protein & Collagen**

PRETTY IN PINK

(Pink Lemonade & Wild berry)

FOREVER YOUNG

(Tropical Berry Lemonade & Raspberry)

FASHIONISTA

(Tropical Punch & Mango Pineapple)

SMOOTHIES

Only for
\$9,50

All Smoothies are **UNDER 400 Calories**, with 24 grams of protein.



BANANA CREAM PIE
(Creamy banana)

BANANA NUT BREAD
(Vanilla, Banana, chopped pecans blended in)

BANANA SPLIT
(Banana, vanilla, chocolate with strawberry swirl & sprinkles on top!)

BERRY BLAST
(Strawberry, Blueberry, Raspberry & Blackberry)

BIRTHDAY CAKE
(Vanilla, hint of caramel & rainbow sprinkles)

BLUEBERRY MUFFIN
(Tastes just like everyone's favorite muffin!)

BROWNIE BATTER
(Chocolate, tastes like Betty Crocker Cake Batter)

BUTTER PECAN
(Vanilla, hint of butter, chopped pecans blended in)

CARAMEL MACHIATO
(caramel & frozen coffee)

CHOCO-PEANUT MONKEY
(Chocolate, peanut butter & banana- our #1 seller!)

CINNAMON ROLL
(Cinnamon, vanilla, caramel)

\$3 EXTRA PROTEIN
(7.5g)

\$3 IMMUNITY DEFENSE
(Orange Flavor)

COOKIE DOUGH
(Chocolate Chip Cookie Dough)

COTTON CANDY
(Extra sweet- tastes similar to blue cotton candy!)

FROZEN COFFEE
(Tastes just like the classic!)

GERMAN CHOCOLATE CAKE
(Chocolate cake, coconut, chopped pecans)

GREEN MONSTER
(Spinach, Kale, Banana, Coconut, Cinnamon)

MANGO TANGO
(Vanilla, mango)

MANGONADA
(Mangos, tajin & chamoy sauce)

OATMEAL COOKIE
(Oatmeal & Raisins)

ORANGE JULIUS
(Orangesicle- tastes just like the classic but without the egg!)

OREO BLAST
(Cookies and cream smoothie-kid approved!)

PEACH COBBLER
(Peaches, Vanilla, Graham Cracker & Cinnamon)

\$3 ENERGY SHOT
(100mg)

\$3 ELECTROLYTE BOOST
(Acai Flavor)

PEACHY GREENS
(Peaches, Kale, Spinach & a splash of lemon juice- a customer favorite!)

PEANUT BUTTER CUP
(Chocolate & peanut butter)

PINA COLADA SUPREME
(Coconut, pineapple)

PINA VERDE
(Pineapple, kale, spinach & a hint of mint)

PUMPKIN PIE
(Pumpkin, spice, graham cracker)

SALTED CARAMEL
(Caramel, sea salt, caramel swirl)

STRAWBERRY BANANA
(Strawberry, banana, strawberry swirl)

STRAWBERRY CHEESECAKE
(Tastes just like the classic!)

THE ELVIS
(Vanilla, Peanut butter, banana)

TURTLE CHEESECAKE
(Chocolate, Caramel, Cheesecake, Pecans)

WHITE CHOCOLATE MOCHA
(Frozen coffee, white chocolate, chocolate swirl)

\$3 FIBER COMPLEX
(10g)

\$3 COLLAGEN POWDER
(Strawberry-Lemon Flavor)

Fat Burner SHOTS \$5,00

BIRTHDAY CAKE

CINNAMON ROLL

COFFEE CAKE